

Supportive Practitioners + Stores I Genuinely Love

These are practitioners and spaces I've personally experienced and genuinely love. They've supported me in meaningful ways and I'm grateful to share them with you as optional resources on your path. *(Always trust your own discernment and choose what feels aligned.)*

1. CRYSTALS + METAPHYSICAL BOUTIQUE

Rainbows of Healing — Valarie & Ian Haag (Wrightstown, PA)

A treasure-filled, heart-led crystal boutique curated with care — and a true Bucks County gem.

Rainbows of Healing is a metaphysical boutique offering a curated selection of crystals, jewelry (including handmade jewelry by Ian), singing bowls, flutes, drums, incense/smudging tools, and more — with options to shop in-person, online, and even via live/virtual shopping.

Why I love them: Valarie and Ian bring so much love into what they offer — it's not just what you buy, it's how you feel when you're there. Their space reminds you that beauty can be medicine.

[Visit Rainbows of Healing](#)

2. AKASHIC READINGS + SPIRITUAL SUPPORT

Mystic Zen Garden — Jangi Borhi (Orlando, FL or world-wide)

A mystical, energetic sanctuary for insight, reflection, and soul-level clarity.

Mystic Zen Garden's Jangi Borghi offers Tarot and Akashic Records readings with rare depth and precision—bringing through insight that feels both mystical and deeply grounded. Her sessions help illuminate patterns, clarify next steps, and gently reconnect you to your own inner knowing. If you're seeking guidance that feels clear, supportive, and profoundly aligned, Jangi is a beautiful practitioner to experience.

[Explore Mystic Zen Garden](#)

3. SHIATSU BODYWORK

International School of Shiatsu (Pipersville, PA)

A hands-on, tradition-rooted approach to bodywork — taught with care and depth.

The International School of Shiatsu brings a forward, hands-on learning in a nurturing, supportive environment, with instructors adapting curriculum to learner needs. They are located in Bucks County - Pipersville, PA.

Why I love this recommendation: If you're drawn to bodywork that feels both skillful and reverent — this is a place that honors the craft and the human being receiving it.

[Learn About Shiatsu](#)

4. REFLEXOLOGY

Lynn Diehl — Living Spectrum Reflexology

A masterful, deeply intuitive reflexologist with 40+ years of hands-on wisdom you can truly feel.

Lynn offers reflexology sessions that are both highly skilled and profoundly supportive with helping your body unwind, your nervous system soften, and your whole being return to balance. With decades of practical experience, she brings a rare level of presence, precision, and care to each session. *(Best way to connect right now is by email or phone while her website is being updated.)*

[✉ ladiehlcrr@myabmp.com](mailto:ladiehlcrr@myabmp.com) | [📞 267-884-4188](tel:267-884-4188)

Why I love Lynn: Lynn is extraordinary—her depth of knowledge and lived experience goes beyond what words can capture. You would be genuinely blessed to be in her hands for your reflexology needs. She's also my teacher in the Japanese CosmoLift technique, and I trust her work implicitly.

[Connect with Lynn](#)

5. WEBSITE DESIGN + BRANDING

The Agency

Strategic, elevated website design and branding for service-based businesses ready to be seen at their true level.

The Agency is a custom website design and branding studio crafting refined digital presence for established service-based businesses — from strategic websites and brand identity to SEO that supports sustainable, aligned growth. Every detail is intentional: visual hierarchy, messaging, structure — all designed to elevate perception, strengthen trust, and attract the right clients. Based in Sioux Falls and partnering with brands nationwide.

Why I love them: When your work has evolved and your online presence hasn't caught up, The Agency is who you call. They bring a level of care, strategy, and aesthetic intentionality that feels rare and the results speak for themselves. If you're a practitioner or service-based business ready to show up with the presence you've earned, this is the team.

[Visit The Agency](#)

6. SOUND BATHS + HOLOGRAPHIC MEMORY RESOLUTION®

Stacey Friedman — Lucky Girl Health & Wellness

A deeply nourishing blend of sound, nervous-system support, and gentle inner recalibration.

Stacey offers Sound Bath experiences and Holographic Memory Resolution® (HMR®), an emotional reframing approach that integrates somatic, energetic, and color psychologies, designed to support gentle work with overwhelming memories. Sessions may be offered in-person or virtually depending on the offering.

Why I love Stacey: Stacey's presence is steady, intentional, and deeply respectful of the pace your system is ready for. If you're craving support that feels both grounded and soulful, this is one of the most beautiful places to begin.

[Explore Lucky Girl Health & Wellness](#)